

## Sagemont Athletics Summer Checklist 2020-21

Believe it or not the Fall 2020 athletics season is just around the corner! Practices will begin before you know it. Here are some reminders to be prepared for next year.

1. Please visit our athletic website <https://www.sagemontathletics.com/registration> and complete the Athlete Registration form. It is a good idea to bookmark the website as all updates, information, clearance documents and schedules are located here.
2. Create or update your RegisterMyAthlete.com (RMA) account. If you currently have an account, simply login and select the 2020-21 school year and **ALL** sports you intend on trying out for. For our new athletes, detailed instructions for creating an RMA account are included.
3. Have your FHSAA sports physical (EL2) filled out and uploaded to your RMA account **BEFORE** tryouts or practices begin.  
**IMPORTANT: You will not be allowed to practice or try-out without these forms turned in! All forms can be accessed via your RMA account.**
4. Be prepared to start on the first official date for your specific team. If you are unable to make these very important first practices, it is MANDATORY that you contact your head coach ahead of time! **IMPORTANT NOTE: Attendance at all pre-season practices is highly recommended in order to be considered for the team.** You should only miss these practices in the event of illness or family emergency.
5. Fall 2020 game schedules will be live on the Digital Sports website by August 10<sup>th</sup> and can be accessed at [www.digitalsports.com](http://www.digitalsports.com). Please check it out at your leisure to see all that it offers. Additionally, email alerts are available for sport specific practices, game changes, and cancellations. Follow the simple steps on the attached instruction sheet to learn how to use it!

Please stop by our offices or feel free to contact us should you have any questions.

Coach Marcey, Director of Athletics  
954-389-2454 ext. 372; smarcey@sagemont.com  
Coach Vega, Athletic Administrator  
954-389-2454 ext. 312; kvega@sagemont.com

**GO LIONS!!!**

**Shane Marcey  
Director of Athletics**