

Sagemont Athletics Summer 2023 Checklist

Believe it or not, the fall 2023 athletics season is just around the corner! Practices will begin before you know it. Here are some reminders to be prepared for next year.

1. Please visit our athletic website [Sagemont Prep Athletics](#) for all updates, information, clearance documents, and schedules.
2. Create or update your [RegisterMyAthlete](#) (RMA) account. If you currently have an account, simply log in and select the 2023-24 school year and **ALL** sports you intend on trying out for.
3. Have your FHSAA sports physical (EL2) filled out and uploaded to your RMA account **BEFORE** tryouts or practices begin.
IMPORTANT: You will not be allowed to practice or tryout without these forms turned in! All forms can be accessed via your RMA account.
4. **FREE Physicals with Cleveland Clinic:** We are happy to announce that we will yet again offer FREE sports physicals for the 2023-24 school year. They will take place on Thursday, August 17th from 1 - 3 pm in the Goldman Athletic Center and all individuals **MUST BE IN LINE NO LATER THAN 2:30 pm**. A parent or guardian is **REQUIRED** to attend the physical with their child as the form requires a parent's signature (unless the athlete is 18 years old). The EL2 form must be filled out in its entirety with the exception of the doctor's portion. This is being offered as a free service to our students, but this is not mandatory and you may go to your own PCP if you choose.
5. Please click [HERE](#) for a list of our fall athletic offerings, start dates, coach contact information, and more.

Please feel free to contact us should you have any questions.

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